**Parentcraft Sessions**

**AUGUST**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
| 31st**Basic Life Support** | **1st****Parent and Family Coffee Morning** | **2nd****Participating in Ward Rounds** | **3rd****Breastfeeding** | **4th****Coping With Stress** | **5th****Bottle-Feeding and Making up Feeds** | **6th****Making Memories** |
| **7th****Parent and Family Coffee Morning** | **8th****Babies and Oxygen** | **9th****Bathing** | **10th****Expressing Milk** | **11th****Supporting Baby’s Development** | **12th****Getting Ready for Home** | **13th****Basic Life Support** |
| **14th****Comforting your Baby** | **15th****Expressing Milk** | **16th****Parent and Family Coffee Morning** | **17th****Basic Life Support** | **18th****Bathing** | **19th****Breastfeeding** | **20th****Bottle-Feeding and Making up Feeds** |
| **21st****Supporting Baby’s Development** | **22nd****Getting Ready for Home** | **23rd****Participating in Ward Rounds** | **24th****Parent and Family Coffee Morning** | **25th****Babies and Oxygen** | **26th****Making Memories** | **27th****Coping With Stress** |
| **28th****Expressing Milk** | **29th****Basic Life Support** | **30th****Coping With Stress** | **31st****Comforting your Baby** | 1st**Parent and Family Coffee Morning** | 2nd**Bottle-Feeding and Making up Feeds** | 3rd**Breastfeeding** |

This timetable can be adapted monthly to meet the needs of the families and availability of staff.

Each session will require a planned training programme.